



MENU ITEM

- B Mighty Mac**
 An old time favourite with Lunch Pails' added nutrition!
- Q Oodles of Noodles**
 Tube-shaped pasta tossed with a hearty fortified tomato and meat sauce baked with cheese until bubbly
- L Creamy Chicken and Vegetable Soup**
 An abundance of seasonal root vegetables pureed until smooth with cubed chicken served with crusty bread
- E Chicken Ceasar Salad**
 Crispy romaine lettuce, cubed poached chicken breast, parmesan cheese, croutons, served with creamy Ceasar dressing
- H Chicken Burger**
 White meat only!
 Baked and served on a bun with a side of ketchup, lettuce and tomato
- K Around the World - Off to Poland we go!**
 Fortified Hand-rolled potato and cheese perogies served with a side of sour cream
- U Morning Glory - Waffles**
 Fluffy and light
 served with a side of syrup

Ordering is Easy!
Simply fill out the Order Form,
and return it with your payment!

We offer three meal choices:
Entrée Only (only \$4)
Complete Meal with Drink and Snack (\$6)
Extra Large Entrée with Drink and Snack (\$7)
 (Mark your selection with an X on the order form, as shown.)
Snacks and drinks are chosen carefully by Lunch pails to complement entrées.

Parent Helpers

We are looking for parent helpers. If you are available for a couple of hours around lunch time, call us for details!

Don't forget to mark the dates on your calendar!

Late orders:

If you miss the due date, please call the kitchen for assistance at 647-828-6240.

School Closures:

In the event of a school closure due to weather conditions all lunches will be credited and applied to the next Menu

Absent on service day:

If your child is absent on service day, please contact the Kitchen before 8AM on the day of service.

Note: There will be a \$20.00 charge for all NSF cheques

Student Name

Date of Birth:

Teacher's Name:

Grade:

Parent / Guardian Name:

Contact Number:

Email Address:

Cheque # (if applicable):

DATE OF SERVICE	MENU ITEM Ordered B,Q,L,E,H,K,U	Entrée Only (\$4)	Complete Meal (\$6)	Extra Large Meal (\$7)	Price
CHOOSE ONE (PLACE an "X")					
SAMPLE	E		X		\$ 6 (Sample)
MONDAY JAN 9					
FRIDAY JAN 13					
MONDAY JAN 16					
FRIDAY JAN 20					
MONDAY JAN 23					
FRIDAY JAN 27					
MONDAY JAN 30					
THURSDAY FEB 2					
MONDAY FEB 6					
FRIDAY FEB 10					
MONDAY FEB 13					
FRIDAY FEB 17					
TUES FEB 21					
FRI FEB 24					
MON FEB 27					
TOTAL Due					

Delivery and taxes are included.

PLEASE RETURN COMPLETED FORM BY OR BEFORE:

DEC. 2nd

Allergies or Special Information:

(eg. Halal, Gluten Free, etc.)

PAYMENT:

Return completed menu and **cheque payable to LUNCH PAILS**

(or EXACT CASH in a sealed envelope).

Note: A \$20.00 fee will be charged for all NSF Cheques
 Payments for siblings may be combined on one cheque

