

Lester B. Pearson Catholic School
MARCH -APRIL 2011



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MENU ITEM

E Hail Caesar
 Our most popular salad!
 Tender poached chicken breast, romaine
 lettuce, parmesan cheese & croutons

B Mighty Mac
 An old time favourite with Lunch Pails'
 added nutrition !

C Buttery Pasta
 Spaghetti tossed with creamy butter
 and parmesan sauce, served with
 a side of crunchy vegetables

K Around the World - Fiesta Tacos
 Seasoned lean ground beef, rice, and
 cheddar cheese rolled in a soft tortilla,
 served with a side of salsa

U Morning Glory - Waffles
 Fluffy and light served with a side of
 syrup

D Chicken Tenders
 Juicy white meat only breaded chicken
 tenders, served over a bed of fluffy
 white rice with a side of steamed
 vegetables

M Sheppards Pie
 This classic meal gets a make over
 with creamy mashed potato, extra
 lean ground beef in a rich gravy

Ordering is Easy!
Simply fill out the Order Form,
and return it with your payment!

Birthdays! Call us if you would like a special
treat for the Class!

We offer three meal choices:
Entrée Only (only \$4)
Complete Meal with Drink and Snack (\$6)
Extra Large Entrée with Drink and Snack (\$7)

(Mark your selection with an X on the order form, as shown.)
Snacks and drinks are chosen carefully by Lunch Pails to
complement entrées.

Don't forget to mark the dates on your calendar!

Late orders:
 If you miss the due date, please call the kitchen for
 assistance at 647-828-6240.

School Closures:
 In the event of a school closure due to weather
 conditions, service will be provided on the following FRIDAY.
 If your child is absent on service day, please contact
 the Kitchen before 8AM on the day of service.

Student Name _____
Birthday this month? _____
Date of Birth: _____
Teacher's Name: _____
Grade: _____
Parent / Guardian Name: _____
Contact Number: _____
Email Address: _____
Cheque # (if applicable): _____

DATE OF SERVICE	MENU ITEM Ordered E,B,C,K,U,D,M	Entrée Only (\$4)	Complete Meal (\$6)	Extra Large Meal (\$7)	Price
SAMPLE	E		X		\$ 6 (Sample)
TUES MAR 1					
WED MAR 9					
TUES MAR 22					
WED MAR 30					
TUES APRIL 5					
WED APRIL 13					
TUES APRIL 19					
WED APRIL 27					
TOTAL Due					

HST and Delivery are included.

PLEASE RETURN COMPLETED FORM BY OR BEFORE: Feb 11th

Allergies or Special Information: _____
 (eg. Halal, Gluten Free, etc.) _____

PAYMENT: Return completed menu and **cheque payable to LUNCH PAILS**
 (or EXACT CASH in a sealed envelope).
 Note: A \$20.00 fee will be charged for any NSF cheques
 Payments for siblings may be combined on one cheque

