

Lester B. Pearson Catholic School
SEPT - OCT 2011

MENU ITEM

B Mighty Mac
 An old time favourite with Lunch Pail's added nutrition!

C Buttery Pasta
 Spaghetti tossed with creamy butter and parmesan sauce, served with a side of crunchy vegetables

D Chicken Tenders
 Juicy white meat only chicken tenders, served over a bed of fluffy white rice and a side of steamed vegetables

E Chicken Ceasar Salad
 Crispy romaine lettuce, cubed poached chicken breast, parmesan cheese, croutons, served with creamy Ceasar dressing

J Grilled Cheese
 Whole wheat toast, cheddar cheese grilled lightly and served with a side of crunchy vegetables

K Around the World - Taco Fiesta
 Seasoned lean ground beef, rice, and cheddar cheese, rolled in a soft tortilla and served with a side of salsa

U Morning Glory -Scrambled Eggs
 Light and fluffy served with a side of lightly seasoned cubed hash brown potatoes

Ordering is Easy!
Simply fill out the Order Form,
and return it with your payment!

We offer three meal choices:
Entrée Only (only \$4)
Complete Meal with Drink and Snack (\$6)
Extra Large Entrée with Drink and Snack (\$7)

(Mark your selection with an X on the order form, as shown.)
Snacks and drinks are chosen carefully by Lunch Pails to complement entrées.

Don't forget to mark the dates on your calendar!

Late orders:
 If you miss the due date, please call the kitchen for assistance at 647-828-6240.

School Closures:
 In the event of a school closure due to weather conditions, service will be provided on the following day
 If your child is absent on service day, please contact the Kitchen before 8AM on the day of service.



Lester B. Pearson Catholic School

Student Name _____
Birthday this month? _____
Date of Birth: _____
Teacher's Name: _____
Grade: _____
Parent / Guardian Name: _____
Contact Number: _____
Email Address: _____
Cheque # (if applicable): _____

DATE OF SERVICE	MENU ITEM Ordered B,C,D,E,J,K,U	Entrée Only (\$4)	Complete Meal (\$6)	Extra Large Meal (\$7)	Price
SAMPLE	E		X		\$ 6 (Sample)
WED SEP 21					
FRI SEP 23					
WED SEP 28					
FRI SEP 30					
WED OCT 5					
FRI OCT 7					
WED OCT 12					
FRI OCT 14					
WED OCT 19					
FRI OCT 21					
WED OCT 26					
FRI OCT 28					
TOTAL Due					

Delivery and taxes are included

PLEASE RETURN COMPLETED FORM BY OR BEFORE: SEP 12TH

Allergies or Special Information: _____
 (eg. Halal, Gluten Free, etc.) _____

PAYMENT: Return completed menu and **cheque payable to LUNCH PAILS**
 (or EXACT CASH in a sealed envelope).
 Note: A \$20.00 fee will be charged for any NSF cheques
 Payments for siblings may be combined on one cheque

