

**Lester B. Pearson Catholic School**  
**MARCH - APRIL 2012**

**MENU ITEM**

**B Mighty Mac**  
 An old time favourite with Lunch Pails' added nutrition!

**N Gnocchi Pomodoro**  
 Pasta potato dumplings served with Lunch Pail's fortified pomodoro sauce and a sprinkle of parmesan cheese

**M Sheppard's Pie**  
 Lean ground beef and vegetables in a light gravy topped with creamy mashed potatoes

**E Chicken Ceasar Salad**  
 Crispy romaine lettuce, cubed poached chicken breast, parmesan cheese, croutons, served with creamy Ceasar dressing

**D Chicken Tenders and Rice**  
 White meat only!  
 Baked and served on a bed of fluffy rice with a side of steamed vegetables

**K Around the World - Taco Fiesta**  
 Seasoned lean ground beef, rice, cheddar cheese rolled in a soft tortilla served with a side of salsa

**U Morning Glory - pancakes**  
 Fluffy and light  
 served with a side of syrup

**Ordering is Easy!**  
**Simply fill out the Order Form, and return it with your payment!**

**We offer three meal choices:**  
**Entrée Only** (only \$4)  
**Complete Meal with Drink and Snack** (\$6)  
**Extra Large Entrée with Drink and Snack** (\$7)  
 (Mark your selection with an X on the order form, as shown.)  
*Snacks and drinks are chosen carefully by Lunch pails to complement entrées.*

**Don't forget to mark the dates on your calendar!**

**Late orders:**  
 If you miss the due date, please call the kitchen for assistance at 647-828-6240.

**School Closures:**  
 In the event of a school closure due to weather conditions all lunches will be credited and applied to the next Menu

**Absent on service day:**  
 If your child is absent on service day, please contact the Kitchen before 8AM on the day of service.

Note: There will be a \$20.00 charge for all NSF cheques



**Lester B. Pearson Catholic School**

**Student Name** \_\_\_\_\_  
**Date of Birth:** \_\_\_\_\_  
**Teacher's Name:** \_\_\_\_\_  
**Grade:** \_\_\_\_\_  
**Parent / Guardian Name:** \_\_\_\_\_  
**Contact Number:** \_\_\_\_\_  
**Email Address:** \_\_\_\_\_  
**Cheque # (if applicable):** \_\_\_\_\_

DATE OF SERVICE	MENU ITEM Ordered B,N,M,E,D,K,U	Entrée Only (\$4)	Complete Meal (\$6)	Extra Large Meal (\$7)	Price
<i>SAMPLE</i>	<i>E</i>		<i>X</i>		<i>\$ 6 (Sample)</i>
FRI MAR 2					
WED MAR 7					
FRI MAR 9					
<b>MARCH 12-16</b>	<b>NO SERVICE MARCH BREAK</b>				
WED MAR 21					
FRI MAR 23					
WED MAR 28					
FRI MAR 30					
WED APRIL 4					
<b>FRI APRIL 6</b>	<b>NO SERVICE GOOD FRIDAY-</b>				
WED APRIL 11					
FRI APRIL 13					
WED APRIL 18					
FRI APRIL 20					
WED APRIL 25					
FRI APRIL 27					
<b>TOTAL Due</b>					

Delivery and taxes are included.

**PLEASE RETURN COMPLETED FORM BY OR BEFORE: FEB 13TH**

**Allergies or Special Information:** \_\_\_\_\_  
 (eg. Halal, Gluten Free, etc.) \_\_\_\_\_  
 \_\_\_\_\_

**PAYMENT:** Return completed menu and cheque payable to **LUNCH PAILS**  
 (or EXACT CASH in a sealed envelope).  
 Note: A \$20.00 fee will be charged for any NSF cheques  
 Payments for siblings may be combined on one cheque

