

Escarpment View Public School
MARCH - APRIL 2011

MENU ITEM

E Hail Caesar
 Our most popular salad!
 Tender poached chicken breast, romaine
 lettuce, parmesan cheese & croutons

B Mighty Mac
 An old time favourite with Lunch Pails'
 added nutrition !

C Buttery Pasta
 Spaghetti tossed with creamy butter
 and parmesan sauce, served with
 a side of crunchy vegetables

K Around the World - Fiesta Tacos
 Seasoned lean ground beef, rice, and
 cheddar cheese rolled in a soft tortilla,
 served with a side of salsa

U Morning Glory - Waffles
 Fluffy and light served with a side of
 syrup

D Chicken Tenders
 Juicy white meat only breaded chicken
 tenders, served over a bed of fluffy
 white rice with a side of steamed
 vegetables

M Sheppards Pie
 This classic meal gets a make over
 with creamy mashed potato, extra
 lean ground beef in a rich gravy

SNACK CHOICES

1. Fresh Fruit or Vegetables
2. Cookie
3. Muffin

DRINK CHOICES

1. Apple Juice
2. Orange Juice
3. Water

We offer three meal choices:

Entrée Only (only \$4)

Complete Meal with Drink and Snack (\$6)

Extra Large Entrée with Drink and Snack (\$7)

(Mark your selection with an X on the order form, as shown.)

Don't forget to mark the dates on your calendar!

Late orders:

If you miss the due date, please call the kitchen for
 assistance at 647-828-6240.

School Closures:

In the event of a school closure due to weather
 conditions, service will be provided on the following day.
 If your child is absent on service day, please contact
 the Kitchen before 8AM on the day of service.

*Birthdays! Call us if you would like a special
 treat for the Class!*

LUNCH PAILS Inc.



Escarpment View Public School

Student Name _____

Birthday this month? _____

Date of Birth: _____

Teacher's Name: _____

Grade: _____

Parent / Guardian Name: _____

Contact Number: _____

Email Address: _____

Cheque # (if applicable): _____

DATE OF SERVICE	MENU ITEM Ordered E,B,C,K,U,D,M	Entrée Only (\$4)	Complete Meal (\$6)	Extra Large Meal (\$7)	Snack (1,2 or 3)	Drink (1,2 or 3)	Price
<i>SAMPLE</i>	<i>E</i>		<i>X</i>		<i>1</i>	<i>3</i>	<i>\$6 (Sample)</i>
WED MAR 2							
WED MAR 23							
WED APRIL 6							
WED APRIL 20							
						TOTAL DUE IS:	

Reminder: Snack and Drink Choices are
 provided for Complete or Extra Large Meals only.

If a Snack/Drink is not indicated, Lunch pails
 will make a selection for you.

HST and Delivery are included.

PLEASE RETURN COMPLETED FORM BY OR BEFORE:

FEB 11th

Allergies or Special Information:

(eg. Halal, Gluten Free, etc.)

PAYMENT:

Return completed menu and **cheque payable to LUNCH PAILS**

(or EXACT CASH in a sealed envelope).

Note: A \$20.00 fee will be charged for all NSF Cheques
 Payments for siblings may be combined on one cheque