



**MENU ITEM**

**B Mighty Mac**

An old time favourite with Lunch Pail's added nutrition!

**N Pasta al Pomodoro**

Penne pasta tossed in our homemade fortified tomato sauce and sprinkled with parmesan cheese

**G Festive Meal**

Roasted chicken served with creamy mashed potatoes, sweet corn and a dab of cranberry sauce

**E Chicken Ceasar Salad**

Crispy romaine lettuce, cubed poached chicken breast, parmesan cheese, croutons, served with creamy Ceasar dressing

**W The Great Canadian Burger**

A quarter pound all beef burger grilled to perfection, served with a side of lettuce, tomato, and ketchup

**K Around the World - Oriental Rice**

Cubed poached chicken, mixed vegetables, steamed rice tossed in a light teriaki sauce

**U Morning Glory - French Toast**

Whole wheat toast dipped in fortified egg wash and griddled to perfection, and served with a side of syrup

*Ordering is Easy!*  
*Simply fill out the Order Form,*  
*and return it with your payment!*

*We offer three meal choices:*

**Entrée Only** (only \$4)

**Complete Meal with Drink and Snack** (\$6)

**Extra Large Entrée with Drink and Snack** (\$7)

(Mark your selection with an X on the order form, as shown.)

*Snacks and drinks are chosen carefully by Lunch pails to complement entrées.*

**Parent Helpers**

We are looking for parent helpers. If you are available for a couple of hours around lunch time, call us for details!

**Don't forget to mark the dates on your calendar!**

**Late orders:**

If you miss the due date, please call the kitchen for assistance at 647-828-6240.

**School Closures:**

In the event of a school closure due to weather conditions all lunches will be credited and applied to the next Menu

**Absent on service day:**

If your child is absent on service day, please contact the Kitchen before 8AM on the day of service.

Note: There will be a \$20.00 charge for all NSF cheques

**Student Name** \_\_\_\_\_

**Date of Birth:** \_\_\_\_\_

**Teacher's Name:** \_\_\_\_\_

**Grade:** \_\_\_\_\_

**Parent / Guardian Name:** \_\_\_\_\_

**Contact Number:** \_\_\_\_\_

**Email Address:** \_\_\_\_\_

**Cheque # (if applicable):** \_\_\_\_\_

DATE OF SERVICE	MENU ITEM Ordered B,N,G,E,W,K,U	Entrée Only (\$4)	Complete Meal (\$6)	Extra Large Meal (\$7)	Price
SAMPLE	E		X		\$6 (Sample)
WED NOV 9					
WED NOV 23					
WED DEC 14					
Delivery and taxes are included.				<b>TOTAL Due</b>	

**PLEASE RETURN COMPLETED FORM BY OR BEFORE: OCT 17TH**

**Allergies or Special Information:** \_\_\_\_\_

(eg. Halal, Gluten Free, etc.) \_\_\_\_\_

**PAYMENT:** Return completed menu and **cheque payable to LUNCH PAILS**  
 (or EXACT CASH in a sealed envelope).  
 Payment for siblings may be combined on one cheque  
 NOTE: A \$20.00 fee will be charged for all NSF Cheques