



MENU ITEM

- B Mighty Mac**
 An old time favourite with Lunch Pails' added nutrition!
- N Gnocchi Pomodoro**
 Pasta potato dumplings served with Lunch Pail's fortified pomodoro sauce and a sprinkle of parmesan cheese
- M Sheppard's Pie**
 Lean ground beef and vegetables in a light gravy topped with creamy mashed potatoes
- E Chicken Ceasar Salad**
 Crispy romaine lettuce, cubed poached chicken breast, parmesan cheese, croutons, served with creamy Ceasar dressing
- D Chicken Tenders and Rice**
 White meat only!
 Baked and served on a bed of fluffy rice with a side of steamed vegetables
- K Around the World - Taco Fiesta**
 Seasoned lean ground beef, rice, cheddar cheese rolled in a soft tortilla served with a side of salsa
- U Morning Glory - pancakes**
 Fluffy and light
 served with a side of syrup

Ordering is Easy!
Simply fill out the Order Form,
and return it with your payment!

We offer three meal choices:
Entrée Only (only \$4)
Complete Meal with Drink and Snack (\$6)
Extra Large Entrée with Drink and Snack (\$7)
 (Mark your selection with an X on the order form, as shown.)
Snacks and drinks are chosen carefully by Lunch pails to complement entrées.

Parent Helpers
 We are looking for parent helpers. If you are available for a couple of hours around lunch time, call us for details!

Don't forget to mark the dates on your calendar!

Late orders:
 If you miss the due date, please call the kitchen for assistance at 647-828-6240.

School Closures:
 In the event of a school closure due to weather conditions all lunches will be credited and applied to the next Menu

Absent on service day:
 If your child is absent on service day, please contact the Kitchen before 8AM on the day of service.

Note: There will be a \$20.00 charge for all NSF cheques

Escarpment View Public School

Student Name _____
Date of Birth: _____
Teacher's Name: _____
Grade: _____
Parent / Guardian Name: _____
Contact Number: _____
Email Address: _____
Cheque # (if applicable): _____

DATE OF SERVICE	MENU ITEM Ordered B,N,M,E,D,K,U	Entrée Only (\$4)	Complete Meal (\$6)	Extra Large Meal (\$7)	Price
		CHOOSE ONE (PLACE an "X")			
SAMPLE	E		X		\$ 6 (Sample)
WED MAR 7					
WED MAR 21					
WED APRIL 11					
WED APRIL 25					
				TOTAL Due	

PLEASE RETURN COMPLETED FORM BY OR BEFORE: FEB 8th

Allergies or Special Information: _____
 (eg. Halal, Gluten Free, etc.) _____

PAYMENT: Return completed menu and **cheque payable to LUNCH PAILS**
 (or EXACT CASH in a sealed envelope).
 Payment for siblings may be combined on one cheque
 NOTE: A \$20.00 fee will be charged for all NSF Cheques