



MENU ITEM

B Mighty Mac
An old time favourite with Lunch Pail's added nutrition!

N Pasta al Pomodoro
Penne pasta tossed in our homemade fortified tomato sauce and sprinkled with parmesan cheese

G Festive Meal
Roasted chicken served with creamy mashed potatoes, sweet corn and a dab of cranberry sauce

E Chicken Ceasar Salad
Crispy romaine lettuce, cubed poached chicken breast, parmesan cheese, croutons, served with creamy Ceasar dressing

W The Great Canadian Burger
A quarter pound all beef burger grilled to perfection, served with a side of lettuce, tomato, and ketchup

K Around the World - Oriental Rice
Cubed poached chicken, mixed vegetables, steamed rice tossed in a light teriaki sauce

U Morning Glory - French Toast
Whole wheat toast dipped in fortified egg wash and griddled to perfection, and served with a side of syrup

Ordering is Easy!
Simply fill out the Order Form,
and return it with your payment!

We offer three meal choices:
Entrée Only (only \$4)
Complete Meal with Drink and Snack (\$6)
Extra Large Entrée with Drink and Snack (\$7)

(Mark your selection with an X on the order form, as shown.)
Snacks and drinks are chosen carefully by Lunch Pails to complement entrées.

Parent Helpers

We are looking for parent helpers. If you are available for a couple of hours around lunch time, call us for details!

Don't forget to mark the dates on your calendar!

Late orders:

If you miss the due date, please call the kitchen for assistance at 647-828-6240.

School Closures:

In the event of a school closure due to weather conditions all lunches will be credited and applied to the next Menu

Absent on service day:

If your child is absent on service day, please contact the Kitchen before 8AM on the day of service.

Note: There will be a \$20.00 charge for all NSF cheques

Student Name

Date of Birth:

Teacher's Name:

Grade:

Parent / Guardian Name:

Contact Number:

Email Address:

Cheque # (if applicable):

DATE OF SERVICE	MENU ITEM Ordered B,N,G,E,W,K,U	Entrée Only (\$4)	Complete Meal (\$6)	Extra Large Meal (\$7)	Price
		CHOOSE ONE (PLACE an "X")			
SAMPLE	E		X		\$6 (Sample)
Thursday Nov 3					
Thursday Nov 10					
Thursday Nov 17					
Thursday Nov 24					
Thursday Dec 1					
Thursday Dec 8					
Thursday Dec 15					
Thursday Dec 22					
TOTAL Due					

Delivery and taxes are included

PLEASE RETURN COMPLETED FORM BY OR BEFORE:

OCT 17TH

Allergies or Special Information:

(eg. Halal, Gluten Free, etc.)

PAYMENT:

Return completed menu and **cheque payable to LUNCH PAILS**
(or EXACT CASH in a sealed envelope).

Note: A \$20.00 fee will be charged for all NSF Cheques
Payments for siblings may be combined on one cheque



