



**MENU ITEM**

- B Mighty Mac**  
 An old time favourite with Lunch Pails' added nutrition!
- Q Oodles of Noodles**  
 Tube-shaped pasta tossed with a hearty fortified tomato and meat sauce baked with cheese until bubbly
- L Creamy Chicken and Vegetable Soup**  
 An abundance of seasonal root vegetables pureed until smooth with cubed chicken served with crusty bread
- E Chicken Ceasar Salad**  
 Crispy romaine lettuce, cubed poached chicken breast, parmesan cheese, croutons, served with creamy Ceasar dressing
- H Chicken Burger**  
 White meat only!  
 Baked and served on a bun with a side of ketchup, lettuce and tomato
- K Around the World - Off to Poland we go!**  
 Fortified Hand-rolled potato and cheese perogies served with a side of sour cream
- U Morning Glory - Waffles**  
 Fluffy and light  
 served with a side of syrup

*Ordering is Easy!*  
*Simply fill out the Order Form, and return it with your payment!*

*We offer three meal choices:*  
**Entrée Only** (only \$4)  
**Complete Meal with Drink and Snack** (\$6)  
**Extra Large Entrée with Drink and Snack** (\$7)  
 (Mark your selection with an X on the order form, as shown.)  
*Snacks and drinks are chosen carefully by Lunch pails to complement entrées.*

**Parent Helpers**  
 We are looking for parent helpers. If you are available for a couple of hours around lunch time, call us for details!

**Don't forget to mark the dates on your calendar!**

**Late orders:**  
 If you miss the due date, please call the kitchen for assistance at 647-828-6240.

**School Closures:**  
 In the event of a school closure due to weather conditions all lunches will be credited and applied to the next Menu

**Absent on service day:**  
 If your child is absent on service day, please contact the Kitchen before 8AM on the day of service.

**Note:** There will be a \$20.00 charge for all NSF cheques

**Student Name** \_\_\_\_\_  
**Date of Birth:** \_\_\_\_\_  
**Teacher's Name:** \_\_\_\_\_  
**Grade:** \_\_\_\_\_  
**Parent / Guardian Name:** \_\_\_\_\_  
**Contact Number:** \_\_\_\_\_  
**Email Address:** \_\_\_\_\_  
**Cheque # (if applicable):** \_\_\_\_\_

DATE OF SERVICE	MENU ITEM Ordered B,Q,L,E,H,K,U	Entrée Only (\$4)	Complete Meal (\$6)	Extra Large Meal (\$7)	Price
<i>SAMPLE</i>	<i>E</i>		<i>X</i>		<i>\$ 6 (Sample)</i>
Thursday Jan 12					
Thursday Jan 19					
Thursday Jan 26					
Thursday Feb 2					
Thursday Feb 9					
Thursday Feb 16					
Thursday Feb 23					
				<b>TOTAL Due</b>	

Delivery and taxes are included.

**PLEASE RETURN COMPLETED FORM BY OR BEFORE: DEC. 2nd**

**Allergies or Special Information:** \_\_\_\_\_  
 (eg. Halal, Gluten Free, etc.) \_\_\_\_\_

**PAYMENT:** Return completed menu and **cheque payable to LUNCH PAILS**  
 (or EXACT CASH in a sealed envelope).  
 Note: A \$20.00 fee will be charged for all NSF Cheques  
 Payments for siblings may be combined on one cheque

