

Guardian Angels Catholic School MAY - JUNE 2012

- B Mighty Mac**
An old time favourite with Lunch Pails' added nutrition!
- K Around the World - Pasta Bolognese**
Lunch Pail's fortified pomodoro sauce with sautéed lean ground beef served over spaghetti with a sprinke of parm
- R Kickin' Chicken**
Roasted Chicken drum stick in zesty BBQ sauce served over a bed of fluffy rice with a side of steamed vegetables
- E Chicken Ceasar Salad**
Crispy romaine lettuce, cubed poached chicken breast, parmesan cheese, croutons, served with creamy Ceasar dressing
- J Grilled Cheese**
Whole wheat toast, cheddar cheese grilled lightly and served with a side of crunchy veggies
- U Morning Muffin with Egg**
Fluffy scrambled eggs with a slice of cheddar cheese on an english muffin
- V All Wrapped Up**
Crispy chicken tenders, white meat only, wrapped in a soft tortilla with shredded lettuce, diced tomato, and drizzled with creamy ranch dressing

Ordering is Easy!
Simply fill out the Order Form, and return it with your payment!

We offer three meal choices:
Entrée Only (only \$4)
Complete Meal with Drink and Snack (\$6)
Extra Large Entrée with Drink and Snack (\$7)
(Mark your selection with an X on the order form, as shown.)
Snacks and drinks are chosen carefully by Lunch pails to complement entrées.

Parent Helpers
We are looking for parent helpers. If you are available for a couple of hours around lunch time, call us for details!

Don't forget to mark the dates on your calendar!

Late orders:
If you miss the due date, please call the kitchen for assistance at 647-828-6240.

School Closures:
In the event of a school closure due to weather conditions all lunches will be credited and applied to the next Menu

Absent on service day:
If your child is absent on service day, please contact the Kitchen before 8AM on the day of service.

Note: There will be a \$20.00 charge for all NSF cheques



Guardian Angels Catholic School

Student Name _____
Date of Birth: _____
Teacher's Name: _____
Grade: _____
Parent / Guardian Name: _____
Contact Number: _____
Email Address: _____
Cheque # (if applicable): _____

DATE OF SERVICE	MENU ITEM Ordered B,K,R,E,J,U,V	Entrée Only (\$4)	Complete Meal (\$6)	Extra Large Meal (\$7)	Price
		CHOOSE ONE (PLACE an "X")			
SAMPLE	E		X		\$ 6 (Sample)
Thursday May 3					
Thursday May 10					
Thursday May 17					
Thursday May 24					
Thursday May 31					
Thursday June 7					
Thursday June 14					
Thursday June 21					
Thursday June 28					
TOTAL Due					

Delivery and taxes are included.

PLEASE RETURN COMPLETED FORM BY OR BEFORE: April 6th

Allergies or Special Information: _____
(eg. Halal, Gluten Free, etc.) _____

PAYMENT: Return completed menu and **cheque payable to LUNCH PAILS** (or EXACT CASH in a sealed envelope).
Note: A \$20.00 fee will be charged for all NSF Cheques
Payments for siblings may be combined on one cheque